



Resources and Recommendations
Mini-Officer Women Leadership Symposium (OWLS) THREE
Reimagining Meaningful Leadership: Leading Ethically into the Future
9 Nov, 2021

Event Resources and Recommendations

We hope the third and final session in the Mini-Officer Women Leadership Symposium 3-part series inspired and challenged you to achieve your goals and celebrate what *Reimagining Meaningful Leadership: Leading Ethically into the Future* looks like for you. To continue to spark learning and consideration, we offer these shared insights and resources from the 2021 Mini-OWLS Series.

Session Resources and Opportunities:

- [Nov 9 Mini-OWLS Agenda](#) with session descriptions and speakers
- [Aug 5 Mini-OWLS Agenda](#) with session descriptions and speakers
- [Apr 13 Mini-OWLS Agenda](#) with session descriptions and speakers
- Upcoming [2022 OWLS and Career Workshop](#) (April 26-27, 2022)
- Access to past [OWLS videos and resources](#) as an [AcademyWomen member](#) (free)
- Free participation in the [eMentor Program](#) and [upcoming webinars in the Webinar Series](#)
- Be part of the [AcademyWomen Professional Profile Directory](#) - an optional career transition resource for those who want to learn about professional opportunities, and gain visibility with top-caliber corporate, nonprofit, and government entities.

Recommended Podcasts:

- [Hidden Brain](#) Podcast
- [Smart Women, Smart Power Podcast](#)
- [The Iron Butterfly](#) podcast
- [Smart Women, Smart Power](#) podcast
- [On Being](#) podcast
- [The Entrepreneurial Thought Leaders Series](#) - Stanford eCorner podcast
- [The Onward](#) podcast
- [The Conversation](#) podcast with Kim Chakanetsa on the BBC
- [Story Corps](#) podcast with Dave Isay ([NPR-sponsored podcast](#))
- [Unlocking Us](#) podcast by Brene Brown
- [The Mo and Katy Show](#) podcast
- [Grief Out Loud](#) podcast
- Tara Nolan's [Podcasts and Radio Show](#)

Recommended Books:

- [Feminism is for Everybody](#) by Bell Hooks
- [The Art of Significance: Achieving the Level Beyond Success](#) by Dan Brown

- [Radical Candor](#) by Kim Scott
- [Dune](#) by Frank Herbert
- [The Brain: The Story of You](#) by David Eagleman
- [The Body Keeps the Score](#) by Bessel van der Kolk, M.D.
- [Positive Intelligence](#) by Shirzad Chamine
- [Leading Change HBR Article](#) and [Leading Change](#) book by John P. Kotter
- [The Energy Bus: 10 Rules to Fuel Your Life, Work, and Team with Positive Energy](#) by Jon Gordon
- [Developing the Leaders Around You](#) by John Maxwell
- [Girl, Wash Your Face: Stop Believing the Lies About Who You Are So You Can Become Who You Were Meant to Be](#) by Rachel Hollis
- [Girl, Stop Apologizing: A Shame-Free Plan for Embracing and Achieving Your Goals](#) by Rachel Hollis
- [All books by Colin Powell](#)
- [Step Into the Spotlight: to Expand your Influence and Attract the Right Clients](#) with Emily Harman as a contributing author
- [My Sister the Serial Killer](#) by Oyinkan Braithwaite
- [The Little Old Lady Behaving Badly](#) by Catharina Ingelman-Sundberg
- [The Grit Factor: Courage, Resilience, and Leadership in the Most Male-Dominated Organization in the World](#) by Shannon Huffman Polson
- [A Higher Standard: Leadership Strategies from America's First Female Four-Star General](#) by Ann Dunwoody
- [Becoming a GovCon Expert: How to Accelerate Your Success in Government Contracting](#)
- [Janine Spendlove Fantasy Series](#)
- [How Money Works--Stop Being a Sucker](#) Book by Tom Mathews and Steve Siebold

Recommended Resources:

- Wellness and Fitness: [Echelon](#); [Peloton](#); [Mirror Workout Companion](#); [Weight Watchers](#); [My Fitness Pal](#) (Peloton Handles: MG Burt is SFSpice, Chief Frey is PeazefulRider)
- [Honor Bound Americans](#)
- [No One Left Behind](#)
- [Radical Candor](#)
- AcademyWomen's Distinguished Speakers Series: Unraveling Unconscious Bias in the Workplace and Public Sphere [Resources and Recommendations on Leveraging Diversity](#)
- [eMentor Program](#): a mentoring program for military, veterans, and military spouse
- Videos of Distinguished Speaker Series discussion: [Unraveling Unconscious Bias](#)
- [Military Womens Memorial](#)
- [The Onward Movement](#)

Speaker Resources:

- [U.S. Naval Institute Articles by Andrea N. Goldstein](#) on Culture, Gender, and more
- [Task and Purpose Articles by Andrea N. Goldstein](#)

- [Improve Yourself, Improve Your Leadership Slides](#) from [Emily Harman's Coaching](#)
- [Onward Accelerator Coaching Program](#) to live the life you love living
- Emily Harman's [Mental Fitness Coaching Program](#)
- Tara Nolan's [Motivational Speaking](#), and [Financial Services](#)
- ADKAR [Personal Change Assessment](#)
- [Business and Entrepreneurial Resources](#)
- [Laura Hatcher Photography](#)
- [Financial Planning Resources](#)
- [Elexa Orrange-Allen Coaching](#)